

UNIVERSAL ENERGY

Presentation #2 by Ed Noyes, MD

1. There are many synonyms for the proclaimed energy. Vital energy, life force, prana, mana, ch'i, etc.
2. Universal energy is said to be composed of 7 levels, planes or frequencies.
3. The first level, or plane, is said to be energy moving at the speed of light and has formed all substance of the universe including animals and man.
4. The second level or frequency of energy in man is said to form a template of energy that is not measurable or detectable but is said to govern the physical body of man. This is called the "**etheric body**" The second level also forms an additional body called the "**astral body**" which provides for "out of body experiences." It also makes possible "**astral travel**."
5. The third level, or frequency, contains two more bodies, the **mental** and the **causal**. The causal body is said to function in re-incarnation and holds the memory for past lives as well as future lives.
6. The levels of energy above these three levels are said to be related to presumed higher frequencies of energy waves. These levels, 4-6, are referred to as **consciousness** and at the 7th level, the ultimate level, plane, or frequency is believed to exist and this is called Self, Super Self, Supreme Consciousness, Lotus, Jewel, God and other names. It is at this level that one is supposed to attain immortality and be a part of all and everything a part of you.
7. Man as a microcosm is believed to have close relationship to sun and moon, macrocosm
8. The European concept of the application of the cosmic influence on man in health and healing was to associate certain organs of the body with different houses of the zodiac, spoken of as *celestial medicine*.
9. Eastern Asians, Hindus, Buddhists, etc. explain the function of universal energy in humans in another way. Man is supposed to have 7 centers of condensed energy within the body, called chakras. They in turn are to distribute energy to the tissues in their local areas. These chakras could receive energy from external sources and could also send internal energy to outside recipients. It is claimed that the chakras act as transformers of universal energy. The top chakra is said to transform the highest level or frequency of universal energy to a lower frequency and this continues down the chakras till the frequency is transformed to the speed of light and then it is taken into man. The transformers (chakras) are said to be able to also raise the frequency of energy going up the chakras till it reaches the top level—godhood. This is accomplished by meditation, visualization and chakra cleansing routines.
10. The combined effect of the chakras is believed to produce an outside radiance of energy called an "aura." The aura is believed to influence other auras and or energy bodies. Modern science is not able to detect or demonstrate in anyway this aura.
11. If, due to a variety of influences, the energy from the chakras going to various body areas becomes sluggish, blocked, clogged etc. then body manipulations are supposed to unclog and facilitate proper flow of energy and in so doing raise the level of "consciousness" toward the journey to godhood. There are a large number of treatment methods promising the ability to do this.
12. There are points on the body (**marma points**) that if massaged or manipulated in various ways are supposed to be able to relieve the proclaimed congestion of

energy flow. These methods are referred to as **body works, soma therapy, body/mind/spirit therapies etc.**

13. The Chinese had a different concept of universal energy called **Ch'i**, which was divided into yin and yang. It was believed to travel in special channels (**meridians**) vertically over the body and distribute the energy by many side channels.
14. Clogging of energy was believed to be cleared by manipulating certain points on the body (acupuncture points) by needling, burning small cones on the points (moxibustion) and many other influences to the points.
15. Illness and malfunction of the physical body is believed to be the result of unbalanced and poorly moving universal energy.
16. God is not an **energy**. 8 Testimonies p. 263