

## REFLEXOLOGY AND THOSE WHO PRACTICE MAGIC ARTS

Presentation #4 by Ed Noyes, MD

1. Revelation 21: 8; 22:15: Destruction of those who do sorcery (those who do magic arts NIV)
2. Treatment methods are based on correspondence, association, and sympathy.
3. Man (microcosm)—cosmos (macrocosm)
4. It is possible that the earliest divination was on babies born with malformation. The future might be predicted from this anomaly. [Garrison—History of Medicine]
5. Palmistry is of ancient origin. The palms of hands were used in revealing association of man and his life with the cosmos.
6. Over time other local areas of the body were also used to represent the entire man in use of demonstrating association of man as microcosm of cosmos.
7. Reflexology was established on the premise of correspondence and sympathetic relationship of parts of the body to the whole.
8. This technique was initiated by William Fitzgerald M.D. and ENT specialists in 1913. He used pressure on specific points of the skin to affect anesthesia for ENT surgery. He was a follower of Emmanuel Swedenborg of Sweden a renown spiritualists. Fitzgerald would have been well informed in “vitalism” or universal energy.
9. He divided the body into ten zones, five on each side. His theory was that each organ of the body was represented in a zone on the side of the body that the organ was located. His theory eventually included the concept that there were nerve endings in the hands and or feet that when rubbed would “normalize” any disorder in the associated organ. Eunice D. Ingham mapped out particular areas of the feet and hands that were said to connect with certain organs of the body.
10. Doreen Bayley of England called this technique “reflexology” and since it has been known as such around the world.
11. It has not been shown to fulfill these claims.

## MASSAGE

1. Swedish massage is a good therapeutic discipline and to be recommended.
2. However at times the masseur may incorporated changes in technique or explain its value in favor of universal energy.
3. Hinduism has used massage since ancient times. It introduced the concept that massage would move blocked, clogged, or sluggish subtle energy and in turn raise the level of “consciousness.” Raising the level of consciousness in Hinduism means striving toward immortality and godhood.
4. 107 points on the body were mapped out and massage to those points was said to move stagnant energy. From this concept **many different therapeutic methods—(body/mind)** have evolved, but the basis is the same for all of them. They are all methods by which prana (universal energy) is believed to be manipulated.
5. Applied Kinesiology is one such therapy. Originator was George Goodhardt D.C., who was a psychic. Much of the technique was derived from psychic means.
6. His premise is that there is a correspondence between internal organs and general conditions of the body’s organ systems, with a specific muscle group of the body.

- A disturbance in the organ will reveal itself by a weakening of the muscle that is said to be in correspondence.
7. The scientific community has not found this to be so. .
  8. Testing for allergies, vitamin deficiency, mineral deficiency, as well as dental disorders is claimed to be revealed by this method.
  9. It is taught that five systems can be shown to be normal or abnormal from this technique. The systems are, circulatory, nervous, gastrointestinal, lymphatic, and “meridian.” The concept of “meridian” is founded in astrology.
  10. Touch for Health is a technique that Dr. Goodhardt D.C. and a Dr. Thie D.C. developed out of their concept of the meridian system. This method uses hands to gently rub up and down on a meridian to clear clogging of ch'i.
  11. Shiatsu is a Japanese system of gentle massage to points similar to marma points. A book illustrating Shiatsu comments that all of the different soma therapies work. It does not know why.

### **THERAPEUTIC TOUCH**

12. This is another body therapy technique for manipulating subtle energies. It has been very popular. This method claims to be able to transfer universal energy from one person to another without touch.
13. Originator is Dora Kuntz, president of the Theosophy Society and a spiritualist. This technique came into being by information received by spirits of ascended masters.
14. It has captivated vast numbers of professionals, especially the nursing profession. It has been promoted greatly by Deloris Krieger R.N., Director of Harvard School of Nursing.
15. As far back as 1998, 100,000 people (43,000 professional) had taken training to use this therapy.
16. To administer the treatment one first meditates, then by passing the hands over the body a scan of the body energies is taken, the next act is to correct any energy imbalance found by passing the hands once more over the patient and transferring your energy into the patient.
17. Scientific testing has not found any validity to the claims of Therapeutic touch.

### **CRANIO-SACRAL THERAPY**

18. Cranio-sacral therapy is another body therapy with a slightly changed physical approach, but is established on the same belief of subtle energies.
19. Originated with William Sutherland D.O. in 1929
20. Theory: Disease is a result of unbalanced flow of cerebro-spinal fluid. Sutherland came to this conclusion after placing straps around his head and tightening them in various ways. He produced various physical symptoms and concluded it was due to movement of cranial bones and effect on spinal fluid flow.
21. His approach then was to do **tapping** with his fingers on the skull and feel this corrected congestion of fluid flow.
22. Southerland eventually realized he could bring about the same end results without using external forces. He called the force at work “BREATH OF LIFE”
23. He thereafter considered his therapy as “**spiritual reverence.**”
24. The present leader of cranio-sacral therapy is John Uplander D.O.

25. He has added another term and dimension to this therapy, that of “somato-emotional relief.” Connected with this is the “inner physician” with which he has dialog. He can obtain “yes” or “no” answers to any question he may ask. This is realized by placing the fingertips on the skull and sensing the “pulse” of the cerebro-spinal fluid (non-measurable and non-demonstrable by physical science). If there is cessation of pulsation for 10 or more seconds then he receives his answer, yes or no. Quite similar to an ouija board.
26. The Foreword in Uplander’s book’s *CranioSacral Therapy* considers this technique “energy therapy.” It is compared to Yoga, as the writer makes a point of the different actions in the therapy such as, **directing energy** and **visualization for self regulation**.
27. In this forward the author equates cranio-sacral therapy with hypnosis, therapeutic touch, Tai ch’i, martial arts of China, acupuncture and traditional Chinese medicine, Philippine psychic surgery, Ayurvedic medicine and American Indian shaman medicine. Also mention is made of “body electricity” (etheric body) and “auric body” (astral travel and out of body experiences) and is considered the best explanation for Uplander’s “facts.” When this Foreword to Uplander’s book is used, Uplander had to have agreed with these comments.
28. Uplander dismisses the attempt by practitioners of CPT to explain its function by a scientific physiological explanation as irrelevant. Its foundation is in the spiritual.
29. In 1999 The British Columbia Office of Health Technology published an in depth study of cranio-sacral therapy. Conclusion: “theory is invalid and that practitioners cannot reliably measure what they claim to be modifying”.