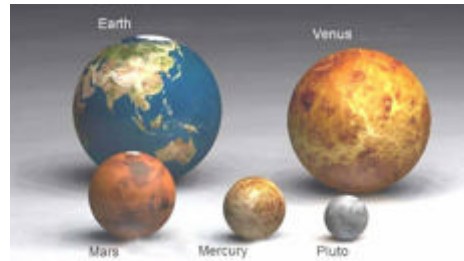




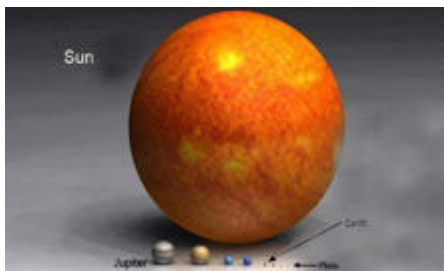
Our God is Awesome

by
Lenore S. Hodges, PhD, RD, CSO, RD
General Conference Nutrition Council

The Earth Looks Big



If Earth were size of a golf ball,
Sun would be 15 ft in diameter



93 million miles away; 10,000°F on surface

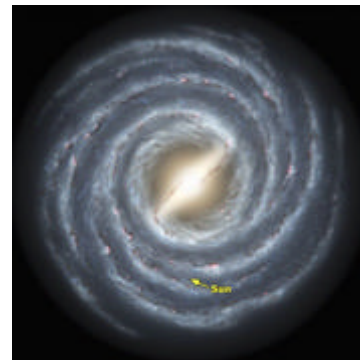
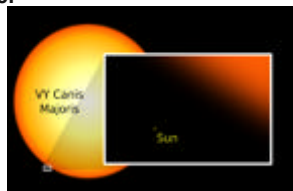
Betelgeuse



427 LY away,
2 X size of Earth's orbit around sun

Canis Majoris

- Constellation - Canis Major
- Biggest star in our milky way
- 1800 to 2100 solar diameter
- 5000 LY from Earth




The Milky Way

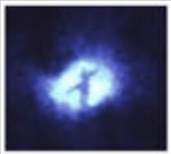
Our Sun

Touch here for space video from Tallahassee

Whirlpool Galaxy



31 million LY away;
300 billion stars in galaxy



The Imprint of God

Awesome Universe



- Sun - of our universe




“Son” of God of THE Universe


Functions of the Sun 

The Sun


- Source of almost all energy we have
- Light and warm the earth
- Sunrise marks time
- Sanitize and purify by killing germs
- Involved in Earth tide movements
- Always there, no matter what else is happening



And the “Son” 




- Source of all energy we have
- Lighten the soul and warm the spirit
- Sanitize the spirit and kill the sins
- Validate ebb and flow of spiritual tides
- Always there and available, no matter what else is happening in your life

Sunshine Makes Vitamin D 

The Sun

Touches bare skin

- You must linger
- UVB touches skin and with heat absorbs into skin
- Change cholesterol the first time



“SonShine” heals soul 




The Son

Touches you

- Linger in His influence
- Spirit touches and penetrates
- Begin conversion of the spirit
- Begins to change and soften the human heart

Sunshine & “SonShine”

<p>The Sun Becomes systemic</p> 	<p>The Son Excites the whole being</p> 
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Sunshine & “SonShine”

The Sun

```

    graph TD
      A[First conversion in skin  
D3] --> B[Second conversion by liver  
25D3 - Calcidiol]
      B --> C[3rd conversion in kidney  
1,25D3 Calcitriol]
      B --> D[3rd conversion in cells  
1,25D3 Calcitriol]
      C --> E[Absorb Calcium  
Strengthen Structure]
      D --> F[Cell Immunity  
Resistance to Disease]
    
```

Sunshine & “SonShine”

The Sun

```

    graph TD
      A[First Change  
Touch by Holy Spirit] --> B[Next Change  
Excite the Whole Human Spirit]
      B --> C[Strengthen Your Spirit  
Strengthen Inner Conscious]
      B --> D[Strengthen Spiritual Cells  
Immunity / resistance to Sin and Heal the Heart]
    
```

Sunshine & “SonShine”

The Sun

Heal, Build, and Protect

- Certain cancers
- Diabetes
- Heart Disease
- Autoimmune Diseases
- Osteoporosis, osteopenia









Sunshine & “SonShine”

The Son of God

Heal, Build and Protect from

- Being a Lukewarm Laodicean
- Being lured by Satan to be a stumbling block
- Being one of 10 Virgins without enough oil
- Disbelieving the existence of God
- Being separated as a goat by “The Shepherd”

Sunshine & “SonShine”

<p>The Sun</p> <ul style="list-style-type: none"> ➢ Touches skin, <ul style="list-style-type: none"> ➢ linger long enough to get warm ➢ 1st conversion ➢ Becomes systemic ➢ 2nd conversion- liver ➢ Strengthen the framework ➢ Bathe all cells – <ul style="list-style-type: none"> ➢ Immune / resistance to disease ➢ Heal and build 	<p>The Son</p> <ul style="list-style-type: none"> ➢ Touches you <ul style="list-style-type: none"> ➢ linger in His influence ➢ Begin conversion of spirit ➢ Excite the whole being ➢ Heal the heart ➢ Strengthens the spirit ➢ Bathes the spiritual “cells” <ul style="list-style-type: none"> ➢ Immunity / resistance to Sin ➢ Heal the spirit and build the soul
---	--

Sunshine & “SonShine”

The Sun

- A person who includes vitamin D in their living, has cells that are quiescent, with abiding, peaceful trust

The Son

- A life in Christ is a life of restfulness and quiescence
- There may be no ecstasy of feeling, but there should be an abiding, peaceful trust



Inspiration

- Every time you see **Sun and/or Sunlight**



- Be reminded of the **Son of the Entire Universe**

Our God is Awesome

Lenore S. Hodges, PhD, RD, CSO, LD
Orlando, Florida


The following 2 slides are handouts that can be used.

Touch of the Sun & “Son”

The Sun

- Touches skin,
 - linger long enough to get warm
- 1st conversion
- Becomes systemic
- 2nd conversion- liver
- Strengthen the framework
- Bathe all cells –
 - Immune / resistance to disease
- Heal and build
- A person who includes vitamin D in their living, has cells that are quiescent, the abiding, peaceful trust

The Son



- Touches you
 - linger in His influence
- Begin conversion of spirit
- Excite the whole being
- Heal the heart
- Strengthens the spirit
- Bathes the spiritual “cells”
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The Sun and “The Son”

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Diabetes
Heart Disease
Autoimmune Diseases
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