

## Sway Testing Information

(A form of muscle testing or applied kinesiology and body dowsing.)

The sway test is a form of applied kinesiology (muscle testing) and is claimed to be an accurate measure for testing supplements, medications and all manner of food sensitivities and allergies. It teaches that your body is a pendulum with only forward and backward movement. If you need to test a new supplement you wish to purchase, hold it close to your heart and say to yourself, “may I”, “should I”, use this product to see if it will work for your body please. If you feel yourself fall slightly forward, this is a yes signal. If you fall back slightly, that would be no. If you don’t move, perhaps ask the question again.

Wouldn’t it be wonderful if this was all we had to do to know if some supplement, medication, or treatment would help or hinder us! In reality these notions are at best quackery, and for the Christian pose some significant and serious concerns. The vital question that all Christians must ask about this modality is why does it appear to work?

Sway testing is based on the following rationale and philosophy:

1. The body knows what is best for it. This view comes from the concept that cells have innate intelligence and can communicate what will be helpful or hurtful.
2. The so-called energy meridians of Hindu and Chinese medicine can communicate useful information to a person.
3. Integral to the understanding of how this modality works, is the concept of the chakras (origin: Hindu medicine) are thought to be a nexus of metaphysical and/or biophysical energy residing in the human body.
4. “Intent” (closely related to self-hypnosis) is essential to the training process for muscle testing.

A very revealing statement from an apologist of this method of testing follows:

He spoke of its vastness the way mystics speak of the Divine. He was, of course, speaking about the Atman, the Divine essence that resides within every human being and is capable of joining with the Brahman during mystical experiences, epiphanies, prayer, meditation, spiritual practice, and for some lucky souls, in everyday life. It is that part of us which is sublime. If we add these not-so-disparate pieces from Hinduism, Buddhism, Sufism and Jung to the energy psychotherapies, we come to a wonderful conclusion: When we muscle test our clients or ourselves, we are asking the Atman, the Self, the Higher Self-- whatever name we wish to give this-- to respond to us and, ultimately, to do the healing. It follows from this, of course, that it is the Self, i.e., God, who is the inner healer. <http://www.seemorgmatrix.org/ArticlesWebPage/WhoIsTheHealer.html>

While this method does not have a shred of scientific validity, it is vital for Christians to understand the philosophical roots of sway testing, and recognize them for what they are: pantheism, self-hypnosis, self-worship and spiritualism. Most Christians would refuse to ask a question of the ouija board. Why would they subject themselves to the same spirit behind the ouija board?

What does the Lord have to say about these matters?

Deuteronomy 18:10, 12 *“There shall not be found among you any one . . . that useth divination, or an observer of times, or an enchanter, or a witch, . . . For all that do these things are an abomination unto the LORD.”*

*“There are many who shrink with horror from the thought of consulting spirit mediums, but who are attracted by more pleasing forms of spiritism. Others are led astray by the teachings of Christian Science, and by the mysticism of Theosophy and other Oriental religions.” {PK 210.3}*

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“His agents still claim to cure disease. They attribute their power to electricity, magnetism, or the so-called "sympathetic remedies." In truth, they are but channels for Satan's electric currents. By this means he casts his spell over the bodies and souls of men.” {5T 193.2}

“The apostles of nearly all forms of spiritism claim to have power to heal. They attribute this power to electricity, magnetism, the so-called "sympathetic remedies," or to latent forces within the mind of man. And there are not a few, even in this Christian age, who go to these healers, instead of trusting in the power of the living God and the skill of well-qualified physicians. The mother, watching by the sickbed of her child, exclaims, "I can do no more. Is there no physician who has power to restore my child?" She is told of the wonderful cures performed by some clairvoyant or magnetic healer, and she trusts her dear one to his charge, placing it as verily in the hand of Satan as if he were standing by her side. In many instances the future life of the child is controlled by a satanic power which it seems impossible to break.” {PK 211.1}

The following links are provided for further reference to backup the statements above. They are all from those who promote this modality and have nothing to hide regarding the philosophy and roots. Including them here is in no way an endorsement.

<http://www.caninecaregroup.net/hholistictherapy.htm>

<http://www.ladybarbara.net/html/self-testing.html>

[http://www.healthcallsus.net/hh\\_enscan.html](http://www.healthcallsus.net/hh_enscan.html)

<http://en.wikipedia.org/wiki/Chakra>